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Dr Arvindran is the Kedah State Consultant for Respiratory Services and Head of the Respiratory Medicine Department of Hospital Sultanah Bahiyah. He is an avid researcher and educator, having published many articles and is heavily involved in undergraduate and postgraduate medical training. He obtained his MBBS from Melaka Manipal Medical College, then his MRCP (UK) and completed his fellowship in Interventional Pulmonology (Japan) in 2020 and Respiratory Medicine (Malaysia) in 2021. He is also National Deputy Secretary of Malaysian Medical Association.